



Dear delegates,

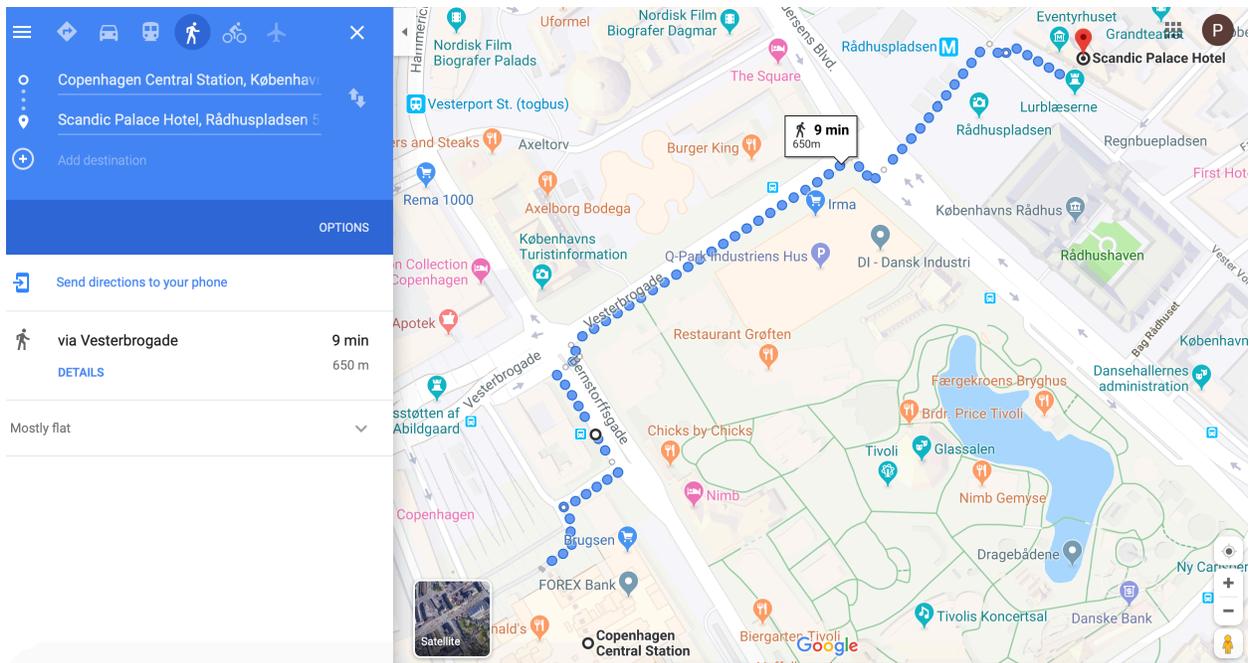
It's our pleasure to have you with us in Denmark. At i-SUSTAIN, we believe that this region of the world offers the best example of a positive future when it comes to sustainable development. After 15 years of researching best practices there, and bringing over 35 delegations from the Pacific Northwest, we believe you will find this to be a transformative experience. We know Washington State is already doing a great deal in this area and we hope you will share your experiences with the Danes.

I'd like to introduce you here to Jayson Antonoff and Sandy Neale. Jayson is a co-founder of i-SUSTAIN who left for many years to work for first city government and then a Washington D.C. non-profit in sustainable energy policy. We are thrilled to have him back. Sandy is a delightful person, has worked with i-SUSTAIN for many years, and will be in charge of making sure we get to each place we visit on time. We have created a very ambitious itinerary. In some ways, it will be exhausting, but we know it will be inspiring, too.

Please find below some helpful information and a few minor expectations:

Directions to the Scandic Palace Hotel from the Airport

- The easiest way to get from the airport to the hotel is to take the train that leaves right from the international terminal. Buy your ticket from the kiosk or from the ticket booth. The train takes about 15 minutes. Get off at Central Station. From there it is an 8 minute walk to the hotel (see map for walking directions).



Money

- Being a part of an i-SUSTAIN delegation is a bit like going to camp. Most things are paid for by i-SUSTAIN. The Danish currency is the kroner (dkk). Right now, there is about 7 dkk to the U.S. dollar. I would suggest getting a minimal amount of money at the airport ATM, such as \$100, and then see if you need more. Credit cards are widely used in Denmark.
- Because people earn a good wage and health care is covered for all, tipping is greatly appreciated, but not expected, and you should only do so if you feel you are getting exceptionally good service. If you do so 10% of the bill is sufficient.

A Couple of Rules

- We leave **promptly** at the time scheduled on the itinerary you'll be receiving. If you miss a departure, please refer to the itinerary and meet us at the next destination. We're very strict about this as it makes life easier for everyone particularly our hosts. The Danes typically start on time.
- Wine and beer will be provided at dinner. However, if you wish to order a different wine or a cocktail we ask that you please arrange to pay for it yourself with the wait staff.

Updated itinerary

- Often we make small changes to the itinerary, don't panic! Upon check in you will receive a final "grab the day's page and go" paper copy. The itinerary is also posted on our website.

Background information

- i-SUSTAIN has a collection of background materials available on our website. We will add to this as time goes on. Great material for reading on the plane! www.i-sustain.com

Attire and Weather

- Attire is business casual with an emphasis on comfort. This is a very active experience and you will find yourself walking, biking and catching ferries. September can be a rainy time in Scandinavia, but it doesn't stop the locals from active transport of walking and cycling! Please keep the weather in mind for choice of footwear and outerwear. You may also wish to pack a travel umbrella. Here is a great weather site for general info: <https://weatherspark.com/y/74001/Average-Weather-in-Copenhagen-Denmark-Year-Round>

A Bit About Denmark

The Kingdom of Denmark, despite its relatively small size of 5+ million people, punches above its weight internationally. The country has a highly-competitive service-based economy with high employment levels and a generous social security system. Some US politicians have referred to Denmark as a socialist country but it is not that. The government does not own the means of production and it has a very robust market economy. It does have a taxation systems that moves everyone toward the middle class. Denmark's sturdy social safety net helps explain why its wealth gap — the disparity between the

richest citizens and everyone else — is second-smallest among the world's 34 most developed economies. This is based on having a collective spirit — “when others are doing well, I will do well, too. When others are doing poorly, that will also impact my well-being.”

In joining this delegation, I hope you will come to appreciate Denmark as much as I do. In 15 years of living and traveling there, and researching the very positive progress it continues to make in human development, economic prowess, environmental stewardship and its ability to boldly move into the future, I have found the country to be a guiding star of what is possible.

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